

## 2023 AT A GLANCE

### LAITY / YOUTH / SOCIAL WORKERS

- Jan. 09 - 10 : Mass Media and Ministry  
 Jan. 23 - 25 : Training Programme for youth  
 Jan. 30 - Feb. 01 : Training for Social Work/Animators  
 Feb. 04 - 05 : Seminar on Celebration of the Liturgy  
 March 01 - 06 : Girl Child Protection and Women Empowerment  
 April 24 - 26 : Seminar on Media & Communication

### FOR SISTERS / CATECHISTS

- April 18 - 20 : Leadership & Animation of Communities (Formators/Superiors)  
 Sept. 10 - 15 : Ongoing Formation of Catechists & Catechetical Sisters (Hindi)

### FOR PRIESTS AND RELIGIOUS

- Jan. 06 - 07 : Accounting Crash Course  
 March 07 - 09 : On-going-Integration program  
 Oct. 22 - 28 : Retreat for Priests & Religious

### FOR CANDIDATES / POSTULANTS / NOVICES / JUNIORS

- Jan. 18 - 20 : Group Dynamics for Candidates  
 Feb. 04 - 05 : Seminar on Celebration of the Liturgy  
 Feb. 08 - 11 : 'On Fire for Christ'  
 Feb. 13 - 18 : Christology  
 July 26 - Aug. 09 : Tabla & Harmonium Basic Classes  
 Oct. 10 - 15 : Pauline Letters  
 Dec. 03 - 08 : Introduction to the Old Testament

### FOR ALL

- May 10 - Jun. 03 : Tabla for Beginners  
 May 10 - Jun. 03 : Hindustani Music & Harmonium for Beginners  
 May 16 - Jun. 10 : Intensive Bharatnatyam & Folk Dance Course  
 Jun. 05 - 28 : Summer Hindi Language Course  
 Jun. 05 - 28 : Key Board / Western Music for the Beginners

## OTHER BRANCHES

### NAV SADHANA

#### Regional Communication Centre

- ★ Training in Media Education
- ★ Audio-Visual Productions
- ★ Training in Rural Theatre
- ★ Biblical Dance Dramas
- ★ A.V. Showroom  
 With the latest Cassettes, Audio-Visual CDs and DVDs on Social & Biblical Music and Dance Dramas, Books, Religious, Moral & Educational Materials.
- ★ Audio-Video Studios  
 Professional Sound & Video Recording Systems are available at our Communication Department.

### NAV SADHANA KALA KENDRA

#### Post Graduate College of Music and Dance

Affiliated to :

#### Indira Kala Sangeet Vishwavidyalaya - C.G.

It offers Graduate/Post Graduate Degree in Bharatnatyam Dance and Hindustani Music.

1. B.P.A. in Bharatnatyam and Hindustani Vocal - 8 Semesters.
  2. M.P.A. in Bharatnatyam and Hindustani Music - 4 Semesters.
- ★ Students are enrolled as **REGULAR** only and not private.

Our infrastructure/facilities in the campus are made available especially for seminars, training programs, workshop & retreats during the periods when **Nav Sadhana** is free.

## GENERAL INFORMATION

- For each programme a separate application for registration should be made.
- Registration will be confirmed through a 'letter of acceptance'.
- All programmes begin in the evening of the first day and end in the afternoon of the last day.
- Late arrivals and early departures are not considered.
- Participants are expected to be punctual and should attend the entire programme.
- Medium of instruction is English/Hindi; & Courses for Laity: Hindi.
- Extended stay: Rs. 350/- per day with prior information.

### METHODOLOGY

Lectures, group work, cooperative learning, discussions, sharing of experience, audio-visuals, preparation and active participation in liturgy and personal study are integrated into every programme.

### FEES

- Registration fee: Rs. 200/- (non-refundable) is to be paid in advance.
- Payments may be made through MO/DD drawn in favour of '**NAV SADHANA**' or bank transfer through RTGS/NEFT.
- Board/Lodge and Course fee will be specified in the application form.
- Banaras Darshan (optional): Rs. 400/- to be paid in cash on arrival.

All correspondence to be addressed to

**THE DIRECTOR**  
**NAV SADHANA**

Regional Pastoral Centre  
 Shivpur P.O., Varanasi - 221 003 (U.P.)

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## Nav Sadhana

- Regional Pastoral Centre
- Regional Communication Centre
- Degree College of Music & Dance



**2023**  
**Programme**

**January 06 - 07**

**Accounting Crash Course**

- Most Rev. Eugene Joseph

**January 09 - 10**

**Mass Media and Ministry**

- Communication Team

**January 12 - 14**

**CCBI Commission for Laity- Meeting**

- Most Rev. Eugene Joseph

**January 18 - 20**

**Group Dynamics & Community Building  
for Candidates/Postulants**

- Fr. Ronald Tellis

**January 23 - 25**

**Training Programme for Youth**

- SIGNIS

**January 30 - February 01**

**Training Programme for Social Work  
Animators**

- SIGNIS

**February 04 - 05**

**Seminar on Celebration of the Liturgy**

- Liturgical Team

**February 08 - 11**

**“On Fire for Christ” - Course for  
the Novices/Juniors**

- Sr. Celine C.J.

**February 13 - 18**

**Christology for Novices**

- Fr. Francis D'Souza

**February 28 - March 03**

**CDPI National Council Meeting**

- Fr. Charles Leon (CCBI)

**March 01 - 06**

**Girl Child Protection and Women  
Empowerment**

- Women Wing Team

**March 07 - 09**

**On-going-Integration Program for Priests**

- Fr. Ivel Mendanha CSSR

**March 11 - 12**

**Review of Small Christian Community**

- Most Rev. Eugene Joseph

**March 19**

**Deeksha Samaroh (Graduation Day)**

- Nav Sadhana Kaka Kendra

**March 28 - 29**

**Easter Preparation for the Clergy of  
Varanasi**

- Most Rev. Eugene Joseph

**April 14 - 15**

**In-service Training Programme for the  
Teachers**

- Most Rev. Eugene Joseph
- Fr. C. Thomas

**April 18 - 20**

**Leadership & Animation of Communities  
(Superiors & Formators)**

- Most Rev. Theodore Mascarenhas sfx

**April 24 - 26**

**Seminar on Media & Communication for  
Youth**

- Fr. Biju –CCBI OSC

**May 10 - June 03**

**Tabla for Beginners**

- Fr. Arvind Louis

**May 10 - June 03**

**Hindustani Music & Harmonium for  
Beginners**

- Mr. B.P. Tiwari
- Ms. Lakshmi

**May 16 - June 10**

**Intensive Bharatnatyam & Folk Dance Course**

- Nav Sadhana Kala Kendra Team

**June 05 - 28**

**Summer Hindi Language Course for  
Missionaries in North India**

- Mr. Simon Peter
- Mrs Gauri Ghildiyal

**June 05 - 28**

**Key Board/Western Music for the Beginners**

- Mr Leander Ekka

**July 12 - 13**

**Evaluation of the Catechetical Activities of the  
Diocese of Varanasi (Missionary Meeting)**

- Most Rev. Eugene Joseph

**July 26 - August 09**

**Tabla & Harmonium Basic Classes for  
Candidates, Postulants & Novices**

- Mr. B.P. Tiwari
- Fr. Arvind Louis

**August 12 - 13**

**Diocese of Varanasi Catholic School  
Association Meeting**

- Most Rev. Eugene Joseph
- Fr. C. Thomas

**August 22 - 23**

**SCC Regional Council Meeting**

- Most Rev. Gerald John Mathias

**August 27 - September 01**

**Retreat for Priests (Varanasi Diocese)**

- Most Rev. Ignatius D'Souza

**September 10 - 15**

**On-going Formation of Catechists &  
Catechetical Sisters (Hindi)**

- Fr. Vijay Shantiraj

**September 23 - 24**

**CRI Meeting (Local Unit) Varanasi**

- Fr. Benedict De Souza MSFS

**October 1 - 6**

**Retreat for Priests (Varanasi Diocese)**

- Fr. Henry Angel SAC

**October 10 - 15**

**Pauline Letters for Novices**

- Fr. K.J. Augustine

**October 22 - 28**

**Retreat for Priests & Religious**

- Fr. Franklin D'Souza

**November 03 - 05**

**Regional Bible Festival**

- Nav Sadhana Team

**November 11 - 12**

**Logos Bible Quiz**

- Nav Sadhana Team

**November 14 - 17**

**Bishops, Major Superiors of CRI & Agra  
Regional Priests Council Meeting**

- Most Rev. Raphy Manjaly
- Most Rev. Eugene Joseph

**December 03 - 08**

**Introduction to the Old Testament for  
Novices**

- Fr. Camillus D'Costa

**December 13 - 14**

**Christmas-Spiritual Preparation for Clergy**

- Most Rev. Eugene Joseph