

7. Any previous training in music or dance?

8. I am aware that:

- ➔ I am expected to attend the entire programme.
- ➔ Late arrival and early departure are not permitted.

.....  
Date

.....  
Signature of the Candidate

(This form can be photocopied)

## NAV SADHANA KALA KENDRA

**Shivpur P.O., Tarna, Varanasi - 221 003, U.P.**

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### Summer School of Bharatnatyam

**May 16 – 10 June, 2025**

Nav Sadhana is pleased to offer dance lovers – a short and intensive course for beginners in Bharatnatyam, Prayer and Folk Dances. Choir members, school teachers, students **from class 6<sup>th</sup> std.**, seminarians and religious are eligible participants.

**Date: - May 16 – 10 June, 2025**

**Syllabus** : ➤ Adavus, Mudras, Slokas.  
➤ Various stages of Bharatnatyam (Theory & Practical).  
➤ Folk dances of different states.  
➤ Prayer dances.  
➤ Provision to do Part – II & III in successive years.

**Medium** : Hindi / English

#### IMPORTANT INFORMATION

1. **You are requested to bring your own bed linen, bath towel, mosquito net, toilet articles, a note book. And two simple sarees for the performance.**
2. Please bring along with you Ghunghuru and Salwaar Kameez –  
**1<sup>st</sup> Yrs. – White Salwar & Dark Blue Kurtha.**  
**2<sup>nd</sup> Yrs. – White Salwar & Red Kurtha.**  
**3<sup>rd</sup> Yrs. – Pink Salwar & Kurtha.**
3. Notes and audio aid for learning may be provided on payment at the end of the course.
4. Leave taking is not permitted during the course.
5. Visitors are allowed **only** on (25, May & 01 June) Sundays 04 p.m. – 05.30 p.m. Only home people / Guardians.
6. Late arrivals and early departures are not considered.
7. Costly things are not to be kept with children like mobile, etc. If theft occurs, we are not responsible for it.

Seats are Limited – Admissions close on 25 April,

### FEES

Registration	: Rs. 200/-
Course Fee	: Rs. 3,600/-
Board & Lodge	: Rs. 3,000/-
<b>Total</b>	<b>: Rs. 6,800/-</b>

**Banaras Darshan Rs. 500/- will be collected separately on arrival.**

You may reserve your seat by sending Rs.200/- towards Registration. Full payment could be made through NEFT. For bank transaction the details are here below

**Name:** Nav Sadhana Kala Kendra, **Bank :** Indian Overseas Bank, **S.B. Account No.:** 100201000006141, **IFSC:** IOBA0001002, **Address :** IOB, Varanasi Cantonment Branch, S-17/417 A, Nadesar, Varanasi- 221002, Uttar Pradesh

**Arrival: 16 May by 05.00 p.m., Departure: 10 June by 09.00 a.m.**

(Parents / Guardians may come on 10<sup>th</sup> June by 09.00 a.m. to take their children)

### HOW TO REACH NAV SADHANA KALA KENDRA

Nav Sadhana is about 8 kms from Varanasi Cantonment Railway Station. Please come out of the Railway Station (Platform No. '9') towards the cantonment side (popularly known as '**Kachhari**' side and **not towards** the main city side (Platform No. '1') Nav Sadhana is on the Airport Road, also called Jaunpur Road. Ask the Auto – Rickshaw man to take you to **Shivpur – Tarna** near a service station called '**Calcutta Petrol Pump**' or **BHEL**. Then after the petrol pump turn to the right and behind Himtaj Oil Factory lies **Nav Sadhana**. The Auto Rickshaw may charge you max. Rs. 200/- If you come by a shared Auto-change at **Kachhari** and then at **Shivpur** to come to Nav Sadhana.

With kind wishes,



**Rev. Fr. Francis D'Souza**

Director / Principal

Nav Sadhana Kala Kendra.

Shivpur – P.O., Tarna

Varanasi – 221 003

Mob. – 08353989065, 9415648921  
E-mail: [varanasinavsadhana@gmail.com](mailto:varanasinavsadhana@gmail.com)

### REGISTRATION FORM

## Summer School of Bharatnatyam

### NAV SADHANA KALA KENDRA

Shivpur P.O., Tarna, Varanasi - 221 003, U.P.

May 16 – 10 June, 2025

Kindly fill in this form giving all the **relevant** particulars below and return it as soon as possible to: **The Director**, Nav Sadhana Regional Pastoral Centre, P.O. Shivpur, Varanasi – 221 003, U.P.

Tick (✓) your choice : 

1 Year	2 Year	3 Year
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**Bharatnatyam**

1. Name in full (in capitals) .....

2. Place & Date of Birth .....

3. Name of the School / Diocese / Congregation (in full) .....

4. Name of the Diocese / City .....

5. Full postal address (in capitals) .....

Pin Code ..... Telephone .....

Mobile No. ....

6. Educational Qualification(s) .....

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CUT HERE

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